

Wednesday, Oct 25, 2023		
8:30- 9:00	SOTA/ SLC Welcome @ Antlers	
9:00- 10:00	Morning Keynote: Life After College	Nick Wrape, Brianna Kimble, Ben Kim (Alumni, University of Colorado Colorado Springs)
10:00- 10:30	Travel to SLC @ University of Colorado Colorado Springs [Berger Hall]	
10:30-10:40	Welcome to SLC!	
Session 1: Meet the Keynote Speakers		
10:40- 11:00	Follow Up Discussion with Keynote Speakers	Nick Wrape, Ben Kim, Brianna Kimble (Alumni, University of Colorado Colorado Springs)
Session 2: Getting Involved on Campus!		
11:00- 11:15	Really Getting Involved on Campus	Katelyn Chesser, Grace Arnold, Connor Fox (University of Colorado Colorado Springs)
11:15- 11:30	Becoming A Self-Advocate for Meaningful Inclusion	Davis Spain (Alumni, University of Alabama)
11:30- 11:45	How Do You Feel About Belonging...Join a Club on Campus!	Bryan Ma (University of California Davis)
11:45- 12:00	Questions about/ Synthesis of Presentations in Session 2	
12:00- 1:00	Lunch in Berger Hall (Starting at 12:30, join UCCS students for a quick campus tour!)	
Session 3: Relationships at College		
1:00- 1:15	Relationships and Friendships	Jacob Stives & Matthew Falanga (Syracuse University)
1:15- 1:30	Building Relationships On A College Campus	Haley McClannahan (University of Tennessee Knoxville)
1:30- 2:00	Questions about Presentation 3	

Session 4: Independent Living and Life After College		
2:00- 2:15	Life After College	Olivia Baist (<i>Syracuse University</i>)
2:15-2:30	Independent Living	Ian Lundy (<i>University of South Alabama</i>)
2:30- 2:45	Questions about and Synthesis of Presentations in Session 4	
Session 5:Advocacy		
2:45- 3:00	I'm Awesome and So Are You!	Mary White
3:00- 3:15	Advocacy In Universities	Mackenzie Gleason (<i>Syracuse University</i>)
3:15-3:45	Advocacy in Action- Listening Session	
3:45- 4:00	Wrap Up: What did we learn? What will you take away from today's sessions?	
4:00- 4:30	Travel to Antlers	
4:30- 5:00	SOTA Poster Sessions	
5:30- 7:00	Cocktail Reception @ Phantom Canyon Brewing	
7:00- 9:00	Karaoke Party at Antlers!	

Thursday, October 26, 2023		
8:30- 9:30	SOTA/ SLC Leadership Awards @ Antlers	
9:30- 10:00	Travel to SLC @ University of Colorado Colorado Springs [Berger Hall]	
10:00- 10:15	Welcome Back to SLC!	
Session 1: Getting Involved on Campus!		
10:15 - 10:30	How To Be Included in Clubs	Mia Filippone (<i>Syracuse University</i>)
10:30- 10:50	Engagement IRL (In Real Life)	Melissa Salazar (<i>Arapahoe Community College</i>)
10:50- 11:00	Questions about Presentations in Session 1	
Session 2: Relationships and the First Year		
11:00- 11:15	Just Do It! (Advice for the First Year)	Jakobe Crusoe (<i>University of South Alabama</i>)
11:15- 12:15	How to Have Good (and Safe) Sex	Oscar Hughes (<i>Ph.D Candidate; Boston University</i>)
12:15 - 1:00	Lunch in Berger Hall (Starting at 12:30, join UCCS students for a quick campus tour!)	
Session 3: Mental Health and Study Skills		
1:00- 1:15	Strategies for Mental Health	Michael Dilworth (University of Colorado Colorado Springs)
1:15- 1:30	The Importance of Having Study Skills and Habits	Laurel McGarry (University of Delaware)
1:30- 1:45	Questions about Presentations in Session 3	
1:45- 2:00	Break	
Session 4: Jobs and Internships		
2:00- 2:30	Using the University to Prepare Me for My Dream Career	Ciana Peters (<i>University of Delaware</i>)

2:30- 2:45	Inclusiveness in Careers	Makena Bennewitz (<i>University of Colorado Colorado Springs</i>)
2:45- 3:00	Road to Employment	Benisa Grullon (<i>Florida International University</i>)
3:00- 3:15	Questions about and Synthesis of Presentations in Session 4	
3:15- 3:30	Wrap Up: What did we learn? What will you take away from today's sessions?	
3:30- 4:00	Travel to Antlers	
4:00- 4:30	Wrap Up with SOTA and SLC	